1. Preamble
This is a contract of insurance between You and Us which is subject to the payment of the full premium in advance and the terms, conditions and exclusions to this Policy. This Policy has been issued on the basis of the Disclosure to Information Norm, including the information provided by You in respect of the Insured Persons in the Proposal and the Information Summary Sheet.

Please inform Us immediately of any change in the address, state of health or any other changes affecting You or any Insured Person.

Note: The terms listed in Section 10 (Definitions & Interpretation) and used elsewhere in the Policy in Initial Capitals and Bold shall have the meaning set out against them in Section 10 wherever they appear in the Policy.

2. Benefits available under the Policy
a. The Benefits available under this Policy are described below.

b. The Policy covers Reasonable and Customary Charges incurred towards medical treatment taken by the Insured Person during the Policy Period for an Illness, Injury or conditions described in the sections below, if it is contracted or sustained by an Insured Person during the Policy Period. The Benefits listed in the sections below will be payable subject to the terms, conditions and exclusions of this Policy and the availability of the Sum Insured and subject always to any sub-limits in respect of that Benefit as specified in the Product Benefits Table and any limits specified in the Product Benefits Table as applicable under the Plan in force for the Insured Person as specified in the Schedule of Insurance Certificate.

c. All claims for any benefits under the Policy must be made in accordance with the process defined under Section 7 (Claim process & Requirements).

d. All claims paid under any benefit except for Section 2.10 (Health Checkup) and Section 3.1 (Hospital Cash) shall reduce the Sum Insured for that Policy Year and only the balance Sum Insured after payment of claim amounts admitted shall be available for all future claims arising in that Policy Year.

2.1 Inpatient Care
We will indemnify the Medical Expenses incurred on the Insured Person’s Hospitalization during the Policy Period following an Illness or Injury that occurs during the Policy Period, provided that:

a. The Hospitalization is Medically Necessary and advised and follows Evidence Based Clinical Practices and Standard Treatment Guidelines.

b. The Medical Expenses incurred are Reasonable and Customary Charges for one or more of the following:
   i. Room Rent;
   ii. Nursing charges for Hospitalization as an Inpatient excluding private nursing charges;
   iii. Medical Practitioners’ fees, excluding any charges or fees for Standby Services;
   iv. Physiotherapy, investigation and diagnostics procedures directly related to the current admission;
   v. Medicines, drugs as prescribed by the treating Medical Practitioner;
   vi. Intravenous fluids, blood transfusion, injection administration charges and/or consumables;
   vii. Operation theatre charges;
   viii. The cost of prosthetics and other devices or equipment, if implanted internally during Surgery;
   ix. Intensive Care Unit charges.

c. If the Insured Person is admitted in the Hospital in a room category higher than the eligibility as specified in the Product Benefits Table, then We shall be liable to pay only a pro rated proportion of the total Associated Medical Expenses (including surcharge or taxes thereon) in the proportion of the difference between the Room Rent actually incurred and the entitled room category to the Room Rent actually incurred.

d. We shall not be liable to pay the visiting fees or consultation charges for any Medical Practitioner visiting the Insured Person unless such:
   i. Medical Practitioner’s treatment or advice has been sought by the Hospital; and
   ii. Visiting fees or consultation charges are included in the Hospital’s bill; and
   iii. Visiting fees or consultation charges are not more than the treating or referral Medical Practitioner’s consultation charges.

2.2 Pre-hospitalization Medical Expenses
We will indemnify the Insured Person’s Pre-hospitalization Medical Expenses incurred following an Illness or Injury that occurs during the Policy Period provided that:

a. We have accepted a claim for Inpatient Care under Section 2.1 (Inpatient Care) above.

b. We will not be liable to pay Pre-hospitalization Medical Expenses for more than 30 days immediately preceding the Insured Person’s admission to Hospital for Inpatient Care or such expenses incurred prior to inception of the First Policy with Us.

c. Pre-hospitalization Medical Expenses can be claimed under the Policy on a Reimbursement basis only.

d. Pre-hospitalization Medical Expenses incurred on Physiotherapy will also be payable provided that such Physiotherapy is Medically Necessary and advised by the treating Medical Practitioner and has been availed as Complementary & Alternative Medicine only.

2.3 Post-hospitalization Medical Expenses
We will indemnify the Insured Person’s Post-hospitalization Medical Expenses incurred following an Illness or Injury that occurs during the Policy Period as advised by the treating Medical Practitioner provided that:

a. We have accepted a claim for Inpatient Care under Section 2.1 (Inpatient Care) above.

b. We will not be liable to pay Post-hospitalization Medical Expenses for more than 60 days immediately following the Insured Person’s discharge from Hospital.

c. Post-hospitalization Medical Expenses can be claimed under the Policy on a Reimbursement basis only.

d. Post-hospitalization Medical Expenses incurred on Physiotherapy will also be payable provided that such Physiotherapy is Medically Necessary and advised by the treating Medical Practitioner and has been availed as Complementary & Alternative Medicine only.

2.4 Alternative Treatments
We will indemnify the Reasonable and Customary Charges for Medical Expenses incurred on the Insured Person’s Medically Necessary and Medically Advised Inpatient Hospitalization during the Policy Period on treatment taken under Ayurveda, Unani, Sidha and Homeopathy (AYUSH) in a government Hospital or in any institute recognized by government and/or accredited by Quality Council of India/National Accreditation Board on Health.

Pre-hospitalization Medical Expenses incurred for up to 30 days prior to the Alternative Treatments being commenced and Post-hospitalization Medical Expenses incurred for up to 60 days following the Alternative Treatment being concluded will also be indemnified under this Benefit provided that these Medical Expenses relate only to Alternative Treatments only and not Allopathy.

Section 6.6 of the Permanent Exclusions shall not apply to the extent this Benefit is applicable.

2.5 Day Care Treatment
We will indemnify the Medical Expenses incurred on the Insured Person’s Hospitalization for any Day Care Treatment during the Policy Period following an Illness or Injury that occurs during the Policy Period provided that:

a. The Day Care Treatment is Medically Necessary and follows the written advice of a Medical Practitioner.

b. The Medical Expenses incurred are Reasonable and Customary Charges for any procedure where such procedure is undertaken by an Insured Person as Day Care Treatment.

c. The following procedures will be covered as Day Care Treatment under this benefit as they each require a period of specialized observation or care after completion of the procedure:
   i. Stereotactic radiotherapy, radiotherapy, chemotherapy and immunotherapy for cancer (approved immunosuppressant drugs will be payable only if administered as part of these procedures)
ii. Renal dialysis (Erythropoetin for chronic renal failure will be payable only if administered as a part of this procedure)

d. We will not cover any OPD Treatment and Diagnostic Services under this Benefit.

2.6 Domiciliary Hospitalization
We will indemnify on a Reimbursement basis the Medical Expenses incurred for Domiciliary Hospitalization during the Policy Period following an Illness or Injuiy that occurs during the Policy Period provided that:

a. The Domiciliary Hospitalization continues for at least 3 consecutive days in which case We will make payment under this Benefit in respect of Medical Expenses incurred from the first day of Domiciliary Hospitalization;

b. The treating Medical Practitioner confirms in writing that the Insured Person’s condition was such that the Insured Person could not be transferred to a Hospital OR the Insured Person satisfies Us that a Hospital bed was unavailable.

2.7 Living Organ Donor Transplant
We will indemnify the Medical Expenses incurred for a living organ donor’s Inpatient treatment for the harvesting of the organ donated provided that:

a. The donation conforms to The Transplantation of Human Organs Act 1994 and amendments thereafter and the organ is for the use of the Insured Person.

b. The recipient Insured Person has been Medically Advised to undergo an organ transplant.

c. We have accepted the recipient Insured Person’s claim under Section 2.1 (Inpatient Care).

d. Medical Expenses incurred are Reasonable and Customary Charges.

We shall not be liable to make any payment in respect of:

a. The living organ donor’s stay in a Hospital that is needed for them to donate their organ.

b. Stem cell donation except for Bone Marrow Transplant.

c. Pre-hospitalization Medical Expenses or Post-hospitalization Medical Expenses of the organ donor.

d. Screening or any other Medical Expenses of the organ donor.

e. Costs directly or indirectly associated with the acquisition of the donor’s organ.

f. Transplant of any organ/tissue where the transplant is experimental or investigational.

g. Expenses related to organ transportation or preservation.

h. Any other medical treatment or complication in respect of the donor, consequent to harvesting.

2.8 Emergency Ambulance
We will indemnify the Reasonable and Customary Charges for ambulance expenses incurred to transfer the Insured Person by surface transport following an Emergency provided that:

a. The medical condition of the Insured Person requires immediate ambulance services from the place where the Insured Person is injured or is ill to the nearest Hospital where appropriate medical treatment can be obtained or from the existing Hospital to another nearest Hospital with advanced facilities as advised by the treating Medical Practitioner for management of the current Hospitalization.

b. This benefit is available for one transfer per Hospitalization.

c. The ambulance service is offered by a healthcare or ambulance Service Provider.

d. We have accepted a claim under Section 2.1 (Inpatient Care) above.

e. We will cover expenses up to the amounts specified in the Product Benefits Table.

f. We will not make any payment under this Benefit if the Insured Person is transferred to any Hospital or diagnostic centre for evaluation purposes only.

2.9 Vaccination for Animal Bite
We will indemnify the Medical Expenses incurred on OPD Treatment for vaccinations or immunizations required by the Insured Person for an animal bite that occurs during the Policy Period provided that:

a. The Medical Expenses incurred are Medically Necessary and are Reasonable and Customary Charges.

b. Claims under this Benefit can be availed on a Reimbursement basis only.

2.10 Health Checkup
If the Policy is Renewed with Us without a break or if the Policy continues to be in force for the 2nd Policy Year in the 2 year Policy Period (if applicable), then the Insured Person may avail a health check-up as per the Plan applicable to the Insured Person as specified in the Product Benefits Table on Cashless Facility basis provided that:

a. Health check-up will be arranged only at Our empanelled Service Providers.

b. The Insured Person is above Age 18 on the commencement of that Policy Year.

c. The Insured Person will not be eligible to avail a health check-up in the first Policy Year in which he/she is covered as an Insured Person under the Policy.

d. Any unutilized test or amount cannot be carry forwarded to the next Policy Year.

e. The list of tests covered under this benefit is Complete Blood Count, Urine Routine, ESR, HBA1C, S Cholesterol, Sr. HDL, Sr LDL, Urea and Kidney Function Test.

2.11 No Claim Bonus
a. For an Individual Policy or Family Floater Policy, if the Policy is Renewed with Us without a break or if the Policy continues to be in force for the 2nd Policy Year in the 2 year Policy Period (if applicable) and no claim has been made in the immediately preceding Policy Year, each Policy Year We will increase the Sum Insured applicable under the Policy by 20% of the Base Sum Insured of the immediately preceding Policy Year; subject up to maximum of 100% of the expiring Base Sum Insured. The sub-limits applicable to various benefits will remain the same and shall not increase proportionately with the Sum Insured.

b. For a Family First Policy, if the Policy is Renewed with Us without a break or if the Policy continues to be in force for the 2nd Policy Year in the 2 year Policy Period (if applicable) and no claim has been made in the immediately preceding Policy Year, each Policy Year We will increase the Sum Insured applicable under the Policy by 20% of the Base Sum Insured of each individual Insured Person only and the increase shall not apply to the Floater Sum Insured stated in the Schedule of Insurance Certificate as applicable under the Policy; subject up to maximum of 100% of the expiring Base Sum Insured of each individual Insured Person. The sub-limits applicable to various benefits will remain the same and shall not increase proportionately with the Sum Insured.

c. If the Insured Person in the expiring Policy is covered under an Individual Policy and has an accumulated No Claim Bonus in the expiring Policy under this benefit, and such expiring Policy is Renewed with Us on a Family Floater Policy, then We shall not provide any credit for the accumulated No Claim Bonus to the Family Floater Policy.

d. If the Insured Person in the expiring Policy is covered under an Individual Policy and has an accumulated No Claim Bonus in the expiring Policy under this benefit, and such expiring Policy is Renewed with Us on a Family First Policy, then the accumulated No Claim Bonus to be carried forward for credit in the Renewing Policy would be the accumulated No Claim Bonus for that Individual Person only.

e. If the Insured Persons in the expiring Policy are covered under a Family First Policy and have an accumulated No Claim Bonus for each Insured Person in the expiring Policy under this benefit, and such expiring Policy is Renewed with Us on a Family Floater Policy with same or higher Base Sum Insured, then the accumulated No Claim Bonus to be carried forward for credit in the Renewing Policy would be the least of the accumulated No Claim Bonus amongst all the Insured Persons.

f. If the Insured Persons in the expiring Policy are covered under Family First Policy and have an accumulated No Claim Bonus for each Insured Person in the expiring Policy under this benefit, and such expiring Policy is Renewed with Us on an Individual Policy with same or higher Base Sum Insured, then the accumulated No Claim Bonus to be carried forward for credit in the Renewing Policy would be the accumulated No Claim Bonus for that Insured Person.

g. If the Insured Persons in the expiring Policy are covered on a Family Floater Policy and such Insured Persons Renew their expiring Policy with Us by splitting the Floater Sum Insured stated in the Schedule of Insurance Certificate in to two or more floater / individual / Family First Policy, then We shall not provide any credit of the accumulated No Claim Bonus to the split Policy.

h. In case the Base Sum Insured under the Policy is reduced at the time of Renewal, the applicable accumulated No Claim Bonus shall also be reduced in proportion.
to the Base Sum Insured.

i. In case the Base Sum Insured under the Policy is increased at the time of Renewal, the applicable accumulated No Claim Bonus shall be carried forward.

j. If a claim has been made in the immediately preceding Policy Year, We will not increase or decrease the Sum Insured due to this benefit for the Policy Year. Whereas, if a reported claim has been denied by Us, the Insured Persons will be eligible for this benefit.

2.12 Re-fill Benefit (applicable for Individual Policy and Family Floater Policies only)

If the Base Sum Insured and No Claim Bonus (if any) has been partially or completely exhausted due to claims made and paid or claims made and accepted as payable for a particular Illness during the Policy Year under Section 2, then We will provide a re-fill amount of up to 100% of the Base Sum Insured which may be utilized for claims arising in that Policy Year, provided that:

a. The re-fill amount may be used for only subsequent claims in respect of the Insured Person and not against any Illness (including its complications or follow up) for which a claim has been paid or accepted as payable in the current Policy Year;

b. We will provide a re-fill amount only once in a Policy Year;

c. For Family Floater Policies, the re-fill amount will be available on a floater basis to all Insured Persons in that Policy Year;

d. If the re-fill amount is not utilized in whole or in part in a Policy Year, it cannot be carried forward to any extent in any subsequent Policy Year.

3. Optional Benefits

The following optional benefit shall apply under the Policy as per the plan in the Product Benefits Table and as specified in the Schedule of Insurance Certificate and shall apply to all Insured Persons only if the optional benefit is selected by You. This optional benefit can be selected only at the time of issuance of the First Policy or at Renewal by You, on payment of the corresponding additional premium. If a loading applies to the premium for the main Policy, such loading will also apply to the premium for this optional benefit selected.

The Optional Benefit covers Reasonable and Customary Charges incurred towards the medical treatment taken by the Insured Person during the Policy Period for an Illness, Injury or conditions described in the sections below, if it is contracted or sustained by an Insured Person during the Policy Period. All claims for any benefits under the Policy must be made in accordance with the process defined under Section 7 (Claim process & Requirements).

3.1 Hospital Cash

If We have accepted an Inpatient Care Hospitalization claim under Section 2.1 (Inpatient Care), We will pay the Hospital Cash amount specified in the Product Benefits Table up to a maximum 30 days of Hospitalization during the Policy Year for the Insured Person for each continuous period of 24 hours of Hospitalization from the first day of Hospitalization provided that:

a. The Insured Person has been admitted in a Hospital for a minimum period of 48 hours continuously.

b. We will not make any payment under this option for Section 2.6 (Domiciliary Hospitalization).

4. Claim Cost Sharing Options

The following claim cost sharing options shall apply under the Policy as per the plan in the Product Benefits Table and as specified in the Schedule of Insurance Certificate and shall apply to all Insured Persons only if such options are selected by You. These claim cost sharing options can be selected only at the time of issuance of the First Policy or at Renewal by You.

4.1 Treatment only in Tiered Network (Available only to renewal customers (for life) who opted this cost sharing option in the expiring Policy)

By selecting this cost sharing option, Insured Person can avail Cashless Facility in Our Network Providers in locations except Delhi (NCR), Mumbai including Suburbs, Chennai, Bengaluru, Hyderabad, Kolkata, Pune, Ahmedabad and Surat. Insured Person can also avail treatment (on Reimbursement basis) in Delhi (NCR), Mumbai including Suburbs, Chennai, Bengaluru, Hyderabad, Kolkata, Pune, Ahmedabad, Surat Hospitals with 20% Co-payment.

Co-payment will not apply to any claim under Section 2.10 (Health Checkup) and Section 3.1 (Hospital Cash).

4.2 Annual Aggregate Deductible

The Insured Person shall bear on his/her own account an amount equal to the Deductible specified in the Schedule of Insurance Certificate for any and all admissible claim amounts We assess to be payable by Us in respect of all claims made by that Insured Person under the Policy for a Policy Year. It is agreed that Our liability to make payment under the Policy in respect of any claim made in that Policy Year will only commence once the Deductible has been exhausted.

It is further agreed that:

a. The provisions in Section 4.1 on Co-payment (if applicable) will apply to any amounts payable by Us in respect of a claim made by the Insured Person after the Deductible has been exhausted.

b. Deductible will not apply to any claim under Section 2.10 (Health Checkup) and Section 3.1 (Hospital Cash).

5. Waiting Periods

All the Waiting Periods shall be applicable individually for each Insured Person and claims shall be assessed accordingly. On Renewal, if an enhanced Sum Insured is applied, the Waiting Periods would apply afresh to the extent of the increase in Sum Insured only. We shall not be liable to make any payment under this Policy directly or indirectly caused by, based on, arising out of or howsoever attributable to any of the following:

5.1 Pre-existing Diseases:

All Pre-existing Diseases shall not be covered until 48 months of continuous coverage have elapsed since the inception of the First Policy with Us for Insured Persons to whom Variant 1 Plan is applicable as specified in the Product Benefits Table and until 36 months of continuous coverage have elapsed since the inception of the First Policy with Us for Insured Persons to whom Variant 2, Variant 3 Plans and Family First Policy are applicable as specified in the Product Benefits Table.

5.2 Initial Waiting Period (30 days):

All the benefits under the Policy and any treatment taken unless the treatment needed is the result of an Accident that occurs during the Policy Period will be subject to a Waiting Period of 30 days since the inception of the First Policy with Us.

5.3 Specific Waiting Periods:

The medical conditions and/or surgical treatment listed below will be subject to a Waiting Period of 24 months unless the condition is directly caused by Cancer or an Accident and will be covered in the third Policy Year as long as the Insured Person has been insured continuously under the Policy without any break:

a. Pancreatitis and Stones in Biliary and Urinary System,
b. Cataract, Glaucoma and other disorders of lenses, disorders of Retina,
c. Hyperplasia of Prostate, Hydrocele and spermatocele,
d. Abnormal Utero-vaginal bleeding, female genital Prolapse, Endometriosis/Adenomyosis, Fibroids, PCOD, or any condition requiring dilation and curettage or Hystereotomy,
e. Hemorrhoids, Fissure or Fistula or Abscess of anal and rectal region,
f. Hernia of all sites,
g. Osteoarthritis, Systemic Connective Tissue disorders, Dorsopathies, Spondyloarthropathies, inflammatory Polyarthropathies, Arthritis such as RA, Gout, Intervertebral Disc disorders,
h. Chronic kidney disease and failure,
i. Diabetes and its related complications,
j. Varicose veins of lower extremities,
k. Disease of middle ear and mastoid including Otitis Media, Cholesteatoma, Perforation of Tympanic Membrane,
l. All internal or external benign or In Situ Neoplasms/Tumours, Cyst, Sinus, Polyp, Nodules, Swelling, Mass or Lump,
m. Ulcer, Erosion and Varices of Upper Gastro Intestinal Tract,
n. Tonsils and Adenoids, Nasal Septum and Nasal Sinuses,
o. Internal Congenital Anomaly,
If the Insured Person is suffering from the above Illness/condition as a Pre-existing Diseases or a condition under Personal Waiting Periods at the time of inception of the First Policy with Us, any claim in respect of that Illness/condition shall not be covered until 48 months of continuous coverage have elapsed since the inception of the First Policy with Us for Insured Persons to whom Variant 1 Plan is applicable as specified in the Product Benefits Table and until 36 months of continuous coverage have elapsed since the inception of the First Policy with Us for Insured Persons to whom Variant 2, Variant 3 Plans and Family First Policy are applicable as specified in the Product Benefits Table.

Note: For all Renewing Insured Persons, the terms of the Specific Waiting Period as set out in the First Policy document taken before 12th June 2017 (including the list of relevant medical conditions and surgical conditions as set out below) shall continue to apply until any Waiting Period has expired. The medical conditions and/or surgical treatments applicable to First Policies issued earlier are as follows:

1. Stones in biliary and urinary systems
2. Lumps / cysts / nodules / polyps / internal tumours
3. Gastric and Duodenal Ulcers
4. Surgery on tonsils / adenoids
5. Osteoarthrosis / Arthritis / Gout / Rheumatism / Spondylosis / Spondylitis / Intervertebral Disc Prolapse
6. Cataract
7. Fissure / Fistula / Haemorrhoids
8. Hernia / Hydrocele
9. Chronic Renal Failure or end stage Renal Failure
10. Sinusitis / Deviated Nasal Septum / Tympanoplasty / Chronic Suppurative Otitis Media
11. Benign Prostatic Hypertrophy
12. Knee/Hip Joint replacement
13. Dilatation and Curettage
14. Varicose veins
15. Dysfunctional Uterine Bleeding / Fibroids / Prolapse Uterus / Endometriosis
16. Diabetes and related complications
17. Hysterectomy for any benign disorder

5.4 Personal Waiting Periods:
Conditions specified for an Insured Person under Personal Waiting Period in the Schedule of Insurance Certificate will be subject to a Waiting Period of 24 months from the inception of the First Policy with Us and will be covered from the commencement of the third Policy Year as long as the Insured Person has been insured continuously under the Policy without any break.

6. Permanent Exclusions
We shall not be liable to make any payment under this Policy directly or indirectly caused by, based on, arising out of or whatsoever attributable to any of the following unless specifically mentioned elsewhere in the Policy.

6.1 Ancillary Hospital Charges
Charges related to a Hospital stay not expressly mentioned as being covered, including but not limited to charges for admission, discharge, administration, RMO charges, night charges, registration, documentation and filing, surcharges. Service charges levied by the Hospital shall not be covered.

6.2 Hazardous Activities
Any claim relating to Hazardous Activities unless declared beforehand and agreed by Us.

6.3 Artificial life maintenance:
Artificial life maintenance, including life support machine used to sustain a person, who has been declared brain dead, as demonstrated by:
- Deep coma and unresponsiveness to all forms of stimulation; or
- Absent pupillary light reaction; or
- Absent oculocephal and corneal reflexes; or
- Complete apnea.

6.4 Behavioral, Neurodevelopmental and Neurodegenerative Disorders:
- Disorders of adult personality including gender related problems, gender change;
- Disorders of speech and language including stammering, dyslexia;
- All Neurodegenerative disorders including Dementia, Alzheimer’s disease and Parkinson’s disease;
- Other medical services for behavioral, neurodevelopmental delays and disorders.

6.5 Circumcision:
Circumcision unless necessary for the treatment of a disease or necessitated by an Accident.

6.6 Complementary & Alternative Medicine:
Any form of Complementary & Alternative Medicine.

6.7 Conflict & Disaster:
Treatment for any Injury or Illness resulting directly or indirectly from nuclear, radiological emissions, war or war like situations (whether war is declared or not), rebellion (act of armed resistance to an established government or leader), acts of terrorism, directly or indirectly from nuclear, biological or chemical emissions, war or war like situations (whether war is declared or not), rebellion, revolution, acts of terrorism.

6.8 External Congenital Anomaly:
Screening, counseling or treatment related to external Congenital Anomaly.

6.9 Convalescence & Rehabilitation:
Hospital accommodation when it is used solely or primarily for any of the following purposes:
- Any services related to Complementary & Alternative Medicine provided for the purpose of Convalescence, Rehabilitation and Respite Care other than for receiving eligible treatment of a type that normally requires a stay in Hospital,
- Custodial care either at home or in a nursing facility for personal care such as help with activities of daily living such as bathing, dressing, moving around either by skilled nurses or assistant or non-skilled persons.
- Hospice care - Any services for people who are terminally ill to address medical, physical, social, emotional and spiritual need.

6.10 Cosmetic and Reconstructive Surgery:
Any treatment undergone purely for cosmetic or psychological reasons to improve appearance, unless such treatment is Medically Necessary as a part of reconstructive procedure related to cancer or treatment for Injury resulting from Accidents or burns, and is required to restore functionality.
- Gynaecomastia, Abdominoplasty, blepharoplasty, mammoplasty, Chemical Peel, Rhinoplasty, Otoplasty, Liposuction and Lipectomy will not be payable even in case of Accident or burn or cancer.

6.11 Dental/oral treatment:
Treatment, procedures and preventive, diagnostic, restorative, cosmetic services related to disease, disorder and conditions related to natural teeth and Gingiva except for Inpatient Hospitalization due to an Accident.

6.12 Eyesight & Optical Services:
Any treatment to correct refractive errors of the eye, unless required as the result of an Accident. We will not pay for routine eye examinations, contact lenses, spectacles or laser eye sight correction.

6.13 Experimental or Unproven Treatment:
- Services including device, treatment, procedure or pharmacological regimens which are considered as experimental or unproven.
- Medical Devices, Vascular or Coronary Stents: Biodegradable (bioresorbable, bioabsorbable) polymer drug eluting stents will be considered as experimental for all purpose.
- Stem Cell Transplant: Any stem cell transplant other than for Bone Marrow Transplant.
6.14 HIV, AIDS, and related complex:
Any condition directly or indirectly caused by or associated with Human Immunodeficiency Virus (HIV) or Acquired Immune Deficiency Syndrome (AIDS), including any condition that is related to HIV or AIDS.

6.15 Hospitalization not justified:
Admission solely for the purpose of Physiotherapy, evaluation, investigations, diagnosis or observation services or not consistent with standard treatment guidelines (as defined by Clinical Establishments (Registration and Regulation) Act 2010 and amendments thereafter) or Evidence Based Clinical Practices.

6.16 Inconsistent, Irrelevant or Incidental Diagnostic procedures:
Charges incurred primarily for diagnostic, X-ray or laboratory examinations or other diagnostic studies not consistent with or incidental to the current diagnosis and treatment even if the same requires confinement at a Hospital.

6.17 Mental and Psychiatric Conditions:
Treatment related to symptoms, complications and consequences of mental Illness, mood disorders, psychotic and non-psychotic disorders such as:
- a. Intentional self inflicted Injury or attempted suicide by any means.
- b. Depression, anxiety, dissociative or stress-related disorders.

6.18 Non-Medical Expenses:
- a. Items of personal comfort and convenience.
  - i. Personal attendant or beauty services, cosmetics, toiletry items, guest services and similar incidental expenses or services.
  - ii. Issue of medical certificate and examinations as to suitability for employment or travel or any other such purpose.
  - iii. Intra Ocular Lens: Any of the following classes of intraocular lens implants for any indication, including aphakia such as Multifocal IOL, Presbyopia or Astigmatism Correcting IOL, Phakic IOL, Pseudoaccommodating IOL.
- b. External or Ambulatory Devices
  - i. External and or durable medical/non-medical equipment of any kind used for diagnosis and or treatment including CPAP, CAPD or infusion pump.
  - ii. Ambulatory devices such as walkers, crutches, belts, collars, caps, splints, slings, braces, stockings of any kind, diabetic foot wear, glucometer /thermometer and similar items and also any medical equipment which is subsequently used at home.
- c. Visiting Charges:
  Any travelling charge for visiting consultant.

6.19 OPD Treatment:
- OPD Treatment is not covered except for animal bite vaccinations to the extent stated in Section 2.9.

6.20 Obesity and Weight Control Programs:
Services including medical treatment and Surgical Procedures and supplies that are primarily intended to control weight or treat obesity, including morbid obesity, or for the purpose of weight reduction, regardless of the existence of comorbid conditions.

6.21 Off-label drug or treatment:
Use of pharmaceutical drugs for an unapproved indication or in an unapproved age group, dosage, or route of administration as regulated and approved by Central Drugs Standard Control Organization (CDSCO).

6.22 Puberty and Menopause related Disorders:
Treatment for any symptoms, Illness, complications arising due to physiological conditions associated with Puberty, Menopause such as menopausal bleeding or flushing

6.23 Reproductive medicine & other Maternity Expenses: Any assessment or treatment method for:
- a. Birth Control

Any type of contraception, sterilization, abortions, voluntary termination of pregnancy or family planning;
- b. Assisted Reproduction
  Infertility services including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI, Gestational Surrogacy;
- c. Sexual disorder and Erectile Dysfunction.
  Treatment of any sexual disorder including impotence (irrespective of the cause) and sex changes or gender reassignments or erectile dysfunction;
- d. Any costs or expenses related to pregnancy, complications arising from pregnancy or medical termination of pregnancy.
  However, the above exclusions do not apply to treatment for ectopic pregnancy or accidental miscarriage.

6.24 Robotic Assisted Surgery, Light Amplification by Stimulated Emission of Radiation (LASER) & Light based Treatment:
Any invasive or non invasive procedures in which a robotic surgical system or light based measure is used either in conjunction with base procedure or alone and liability will be based on the agreed tariff rate or Reasonable and Customary Charges for the base procedure including but not limited to Cyberknife, Da Vinci, Laser Ablation, Femto second laser.

6.25 Sexually transmitted Infections & diseases:
Screening, prevention and treatment for sexually related infection or disease including but not limited to Genital Warts, Syphilis, Gonorrhea, Genital Herpes, Chlamydia, Pubic Lice and Trichomomiasis.

6.26 Sleep disorders:
Treatment for any conditions related to disturbance of normal sleep patterns or behaviors such as Sleep apnea, snoring, etc.

6.27 Substance related and Addictive Disorders:
Treatment and complications related to disorders of intoxication, dependence, abuse, and withdrawal caused by drugs and other substances such as alcohol, opioids or nicotine.

6.28 Unlawful Activity:
Any condition occurring as a result of breach of law with criminal intent.

6.29 Treatment received outside India:
Any treatment or medical services received outside India.

6.30 Unrecognized Physician or Hospital:
- a. Treatment or Medical Advice provided by a Medical Practitioner not recognized by the Medical Council of India or by Central Council of Indian Medicine or by Central council of Homeopathy.
- b. Treatment or Medical Advice related to one system of medicine provided by a Medical Practitioner of another system of medicine.
- c. Treatment provided by anyone with the same residence as an Insured Person or who is a member of the Insured Person’s immediate family or relatives.
- d. Treatment provided by Hospital or health facility that is not recognized by the relevant authorities in India.
- e. Treatment or services received in health hydros, nature cure clinics or any establishment that is not a recognized Hospital or healthcare facility.

6.31 Generally Excluded Expenses
Any costs or expenses specified in the list of expenses generally excluded at Annexure II.

7. Claims Process & Requirements
The fulfillment of the terms and conditions of this Policy (including payment of full premium in advance by the due dates mentioned in the Schedule of Insurance Certificate) in so far as they relate to anything to be done or complied with by You or any Insured Person, including complying with the following in relation to claims, shall be Condition Precedent to admission of Our liability under this Policy.
7.3 Claims Administration:

On the occurrence or discovery of any Illness or Injury that may give rise to a claim under this Policy, the Claims Procedure set out below shall be followed:

a. The directions, advice and guidance of the treating Medical Practitioner shall be strictly followed. We shall not be obliged to make any payment that arises out of willful failure to comply with such directions, advice or guidance.

b. We/Our representatives must be permitted to inspect the medical and Hospitalization records pertaining to the Insured Person’s treatment and to investigate the circumstances pertaining to the claim.

c. We and Our representatives must be given all reasonable co-operation in investigating the claim in order to assess Our liability and quantum in respect of the claim.

d. It is hereby agreed and understood that no change in the Line of Treatment or in the diagnosis or for any procedure carried out on the incidental diagnosis/finding, unless required due to Emergency.

7.2 Claims Procedure: On the occurrence or the discovery of any Illness or Injury that may give rise to a claim under this Policy, then as a Condition Precedent to Our liability under the Policy the following procedure shall be complied with:

a. For Availing Cashless Facility: Cashless Facility can be availed only at Our Network Providers. The complete list of Network Providers is available on Our website and at Our branches and can also be obtained by contacting Us over the telephone. In order to avail Cashless Facility, the following process must be followed:

i. Process for Obtaining Pre-Authorization

A. For Planned Treatment:

We must be contacted to pre-authorize Cashless Facility for planned treatment at least 72 hours prior to the proposed treatment. Once the request for pre-authorisation has been granted, the treatment must take place within 15 days of the pre-authorization date at a Network Provider.

B. In Emergencies

If the Insured Person has been Hospitalized in an Emergency, We must be contacted to pre-authorize Cashless Facility within 48 hours of the Insured Person’s Hospitalization or before discharge from the Hospital, whichever is earlier.

All final authorization requests, if required, shall be sent at least six hours prior to the Insured Person’s discharge from the Hospital.

Each request for pre-authorization must be accompanied with completely filled and duly signed pre-authorization form including all of the following details:

I. The health card We have issued to the Insured Person at the time of inception of the Policy (if available) supported with KYC document;
II. The Policy Number;
III. Name of the Policyholder;
IV. Name and address of Insured Person in respect of whom the request is being made;
V. Nature of the Illness/Injury and the treatment/Surgery required;
VI. Name and address of the attending Medical Practitioner;
VII. Hospital where treatment/Surgery is proposed to be taken;
VIII. Date of admission;
IX. First and any subsequent consultation paper / Medical Record since beginning of diagnosis of that treatment/Surgery.

If these details are not provided in full or are insufficient for Us to consider the request, We will request additional information or documentation in respect of that request. When We have obtained sufficient details to assess the request, We will issue the authorization letter specifying the sanctioned amount, any specific limitation on the claim-applicable Deductibles / Co-payment and non-payable items, if applicable, or reject the request for pre-authorisation specifying reasons for the rejection.

Once the request for pre-authorisation has been granted, the treatment must take place within 15 days of the pre-authorization date at a Network Provider and pre authorization shall be valid only if all the details of the authorized treatment, including dates, Hospital and locations, match with the details of the actual treatment received. For cashless Hospitalization, We will make the payment of the amount assessed to be due, directly to the Network Provider.

We reserve the right to modify, add or restrict any Network Provider for Cashless Facility in Our sole discretion. Before availing Cashless Facility, please check the applicable updated list of Network Providers.

ii. Reauthorization

Cashless Facility will not be provided where re-authorization is not requested for either change in the line of treatment or in the diagnosis or for any procedure carried out on the incidental diagnosis/finding, unless required due to Emergency.

b. For Reimbursement Claims:

For all claims for which Cashless Facility have not been pre-authorized or for which treatment has not been taken at a Network Provider, We shall be informed of the claim along with the following details within 48 hours of admission to the Hospital or before discharge from the Hospital, whichever is earlier:

I. The Policy Number;
ii. Name of the Policyholder;
iii. Name and address of the Insured Person in respect of whom the request is being made;
iv. Nature of Illness or Injury and the treatment/Surgery taken;
v. Name and address of the attending Medical Practitioner;
vii. Hospital where treatment/Surgery was taken;
ix. Date of admission and date of discharge;

Any other information that may be relevant to the Illness/ Injury/ Hospitalization.

7.3 Claims Documentation: We shall be provided with the following necessary information and documentation in respect of all claims at Your/Insured Person’s expense within 30 days of the Insured Person’s discharge from Hospital (in the case of Pre-hospitalization Medical Expenses and Hospitalization Medical Expenses) or within 30 days of the completion of the Post-hospitalization Medical Expenses period (in the case of Post-hospitalization Medical Expenses). For those claims for which the use of Cashless Facility has been authorised, We will be provided these documents by the Network Provider immediately following the Insured Person’s discharge from Hospital:

a. Claim form duly completed and signed by the claimant.

Please provide mandatorily following information if applicable

i. Current diagnosis and date of diagnosis;
ii. Past history and first consultation details;
iii. Previous admission/Surgery if any.

b. Age/Identity proof document: Of Insured Person in case of cashless claim (not required if submitted at the time of pre-authorization request) and Proposer in case of Reimbursement claim.

i. Self attested copy of passport / driving license / PAN card / class X certificate / birth certificate;
ii. Self attested copy of identity proof (passport / driving license / PAN card / voter identity card);

c. Cancelled cheque/ bank statement / copy of passbook mentioning account holder’s name, IFSC code and account number printed on it of Policyholder / nominee (in case of death of Policyholder).

d. Original discharge summary.

e. Additional documents required in case of Surgery/Surgical Procedure.

i. Bar code sticker and invoice for implants and prosthesis (if used);

f. Original final bill from Hospital with detailed break-up and paid receipt.

g. Room tariff of the entitled room category (in case of a Non-Network provider and if room tariff is not a part of Hospital bill): duly signed and stamped by the Hospital in which treatment is taken. (In case You are unable to submit such document, then We shall consider the Reasonable and Customary Charges of the Insured Person’s eligible room category of Our Network Provider within the same geographical area for identical or similar services.)

h. Original bills of pharmacy/medicines purchased, or of any other investigation
7.4 Claims Assessment & Repudiation:
   a. At Our discretion, We may investigate claims to determine the validity of a claim. All costs of investigation will be borne by Us and all investigations will be carried out by those individuals/entities that are authorized by Us in writing.
   b. We shall settle or repudiate a claim within 30 days of the receipt of the last necessary information and documentation set out above. In case of any suspected fraud, the last “necessary” document shall include the receipt of the investigation report from Our investigator/representatives. In case of delay in payment, We shall be liable to pay interest at a rate which is 2% above the bank rate prevalent at the beginning of the financial year in which the claim is reviewed by Us.
   c. Payment for Reimbursement claims will be made to You. In the unfortunate event of Your death, We will pay the Nominee named in the Schedule of Insurance Certificate or Your legal heirs or legal representatives holding a valid succession certificate.
   d. If a claim is made which extends in to two Policy Periods, then such claim shall be paid taking into consideration the available Sum Insured in these Policy Periods including the Deductible for each Policy Period. Such eligible claim amount will be paid to the Policyholder/Insured Person after deducting the extent of premium to be received for the Renewal due date of premium of the Policy, if not received earlier.
   e. All admissible claims under this Policy shall be assessed by Us in the following progressive order:
      i. If a room has been opted in a Hospital for which the room category is higher than the eligible limit as applicable for that Insured Person as specified in the Schedule of Insurance Certificate, then the Associated Medical Expenses payable shall be pro-rated as per the applicable limits in accordance with Section 2.3.c.
      ii. The Deductible (if applicable) shall be applied to the aggregate of all claims that are either paid or payable under this Policy. Our liability to make payment shall commence only once the aggregate amount of all eligible claims as per policy terms and conditions exceeds the Deductible limit within the same Policy Year.
      iii. Co-payment (if applicable) as specified in the Schedule of Insurance Certificate shall be applicable on the amount payable by Us.
   f. The claim amount assessed in Section 7.4.e above would be deducted from the amount mentioned against each benefit and Sum Insured as specified in the Schedule of Insurance Certificate. The re-fill amount will be applied only once the Base Sum Insured and No Claim Bonus is exhausted in the Policy Year.

7.5 Delay in Claim Intimation or Claim Documentation:
   If the claim is not notified to Us or claim documents are not submitted within the stipulated time as mentioned in the above sections, then We shall be provided the reasons for the delay, in writing. We will condone such delay on merits where the delay has been proved to be for reasons beyond the claimant’s control.

7.6 Claims process for Section 2.10 (Health Checkup)
   a. The Insured Person shall seek appointment by contacting Our Service Provider.
   b. Our Service Provider will facilitate Your appointment.
   c. Reports of the medical tests can be collected directly from the Service Provider.

8. Portability Option
   If You/the Insured Person has exercised the Portability Option at the time of Renewal of Your previous health insurance policy by submitting Your application and the completed Portability form with complete documentation at least 45 days before the expiry of Your previous Policy Period, then the Insured Person will be provided with credit gained for Pre-existing Diseases in terms of Waiting Periods and time bound exclusions up to the existing Sum Insured and cover in accordance with the existing guidelines of the IRDAI provided that:
   a. The Insured Person was insured continuously and without a break under another Indian retail health insurance policy with any other Indian general insurance company or stand-alone health insurance company or any group/retail indemnity health insurance policy from Us.
   b. The Waiting Period with respect to change in Sum Insured or plan shall be taken into account as follows:
      i. If the ported Sum Insured is higher than the Sum Insured under the expiring policy, Waiting Periods would be applied on the amount of proposed increase in Sum Insured only, in accordance with the existing guidelines of the IRDAI.
      ii. If the proposed Plan is to be changed and not the Sum Insured then the applicable Waiting Periods would be applied as per the proposed plan.
   c. In case of different policies and plan in previous years, the Portability Option would be provided for the expiring policy or Plan which is to be ported to Us.
   d. The Portability Option has been accepted by Us within 15 days of receiving Your Proposal and Portability Form subject to the following:
      i. You shall have paid Us the applicable premium in full;
      ii. We might have, subject to Our medical underwriting as per Our Board approved underwriting policy, restricted the terms upon which We have offered cover, the decision as to which shall be in Our sole and absolute discretion;
      iii. There was no obligation on Us to insure all Insured Persons or on the proposed terms, even if You have given Us all documentation;
      iv. We have received necessary details of medical history and claim history from the previous insurance company for the Insured Person’s previous health insurance policy through the IRDAI’s web portal.
   v. No additional loading or charges have been applied by Us exclusively for porting the Policy.
   e. In case You have opted to switch to any other insurer under Portability provisions (Porting Out) and the outcome of acceptance of the Portability request is awaited from the new insurer on the date of Renewal, You may extend this Policy for a period of not less than one month at an additional premium to be paid on a pro rata basis.
   f. If during this extension period a claim has been reported, You shall be required to first pay the balance of the full annual Policy premium. Our liability for the payment of such claim shall commence only once such premium is received. Alternatively We may deduct the premium for the balance period and pay the balance claim amount if any and issue the Policy for the remaining period.
   g. We reserve the right to modify or amend the terms and the applicability of the Portability option in accordance with the provisions of the regulations and guidance issued by the IRDAI as amended from time to time.

9. General Terms and Conditions
9.1 Free Look Provision
   a. The free look period shall be applicable at the inception of the Policy and is not applicable and available at the time of Renewal of the Policy or in cases of Portability.
   b. You have a period of 15 days from the date of receipt of the Policy document to review the terms and conditions of this Policy.
   c. If You have any objections to any of the terms and conditions, You may cancel the Policy stating the reasons for cancellation and provided that no claims have been made under the Policy.
   d. We will refund the premium paid by You after deducting the amounts spent on pre-insurance medical check-up (if any), stamp duty charges and proportionate risk premium for the period of cover.
e. Your rights under this Policy will immediately stand extinguished on the free look cancellation of the Policy

9.2 Cancellation/Termination (other than Free Look cancellation)

a. Cancellation by You: You may terminate this Policy by giving 30 days prior written notice to Us. We shall cancel the Policy for the balance of the Policy Period and refund the premium (exclusive of service tax) for the unexpired term as mentioned herein below, provided that no claim has been made under the Policy by or on behalf of any Insured Person:

<table>
<thead>
<tr>
<th>Policy in-force up to</th>
<th>Policy Period 1 year</th>
<th>Policy Period 2 years</th>
</tr>
</thead>
<tbody>
<tr>
<td>Refund Premium (%)</td>
<td>Refund Premium (%)</td>
<td></td>
</tr>
<tr>
<td>Up to 30 days</td>
<td>75%</td>
<td>87.5%</td>
</tr>
<tr>
<td>31 to 90 days</td>
<td>50%</td>
<td>75%</td>
</tr>
<tr>
<td>91 to 180 days</td>
<td>25%</td>
<td>62.5%</td>
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<tr>
<td>181 to 365 days</td>
<td>0%</td>
<td>50%</td>
</tr>
<tr>
<td>366 to 455 days</td>
<td>Not applicable</td>
<td>25%</td>
</tr>
<tr>
<td>456 to 545 days</td>
<td>Not applicable</td>
<td>12%</td>
</tr>
<tr>
<td>Exceeding 545 days</td>
<td>Not applicable</td>
<td>0%</td>
</tr>
</tbody>
</table>

b. Automatic Cancellation:
   i. Individual Policy: The Policy shall automatically terminate in the event of death of the Insured Person.
   ii. For Family Floater Policies and Family First Policies: The Policy shall automatically terminate in the event of the death of all the Insured Persons.
   iii. Refund: A refund in accordance with the table in Section 9.2 (a) shall be payable if there is an automatic cancellation of the Policy provided that no claim has been made under the Policy by or on behalf of any Insured Person. We will pay the refund of premium to the Nominee named in the Schedule of Insurance Certificate or Your legal heirs or legal representatives holding a valid succession certificate.

c. Cancellation by Us: We may terminate this Policy during the Policy Period by sending 30 days prior written notice to Your address shown in the Schedule of Insurance Certificate without refund of premium (for cases other than non cooperation):
   i. You or any Insured Person or any person acting on behalf of either has acted in a dishonest or fraudulent manner under or in relation to this Policy; and/or
   ii. You or any Insured Person has not disclosed the material facts or misrepresented in relation to the Policy; and/or
   iii. You or any Insured Person has not co-operated with Us. In such cases, premium will be refunded on pro-rata basis provided that no claim has been filed under the Policy by or on behalf of any Insured Person.

For avoidance of doubt, it is clarified that no claims shall be admitted and/or paid by Us and health check-up cannot be availed during the notice period.

9.3 Loading on Premium

a. Based on Our discretion, upon the disclosure of the health status of the persons proposed for insurance and declarations made in the Proposal or Insurance Summary Sheet, We may apply a risk loading on the premium payable (excluding statutory levies and taxes) or Special Conditions on the Policy. The maximum risk loading applicable shall not exceed more than 350% of the premium.

b. These loadings will be applied from inception date of the First Policy including subsequent Renewal(s) with Us.

c. We may apply a specific personal Waiting Period on a medical condition/ailment depending on the past history or additional Waiting Periods on Pre-existing Diseases as part of the special conditions on the Policy.

9.4 Renewal of Policy

This Policy is Renewable for life however this Policy will automatically terminate at the end of the Policy Period or Grace Period and We are under no obligation to give intimation in this regard. The details pertaining to Sum Insured and Waiting Period will be shared by Us on Policy Year wise.

a. Continuity of Benefits on Timely Renewal:
   i. The Benefits under the Policy can be availed continuously after completion of the Policy Period if the Renewal request is made along with the applicable premium on a timely basis.
   ii. The Renewal premium is payable on or before the due date and in any circumstances before the expiry of Grace Period, at such rate as may be reviewed and notified by Us before completion of the Policy Period.
   iii. Renewal premium rates for this Policy may be further altered by Us including in the following circumstances:
      A. You proposed to add an Insured Person to the Policy
      B. You change any coverage provision
      C. You change Your residence to different zip code
   iv. Renewal premium will alter based on individual Age. The reference of Age for calculating the premium for Family Floater Policies shall be the Age of the eldest Insured Person, and for Family First Policies it shall be the Individual Age of each Insured Person of the family.
   v. Renewal premium will not alter based on individual claims experience. Renewal premium rates may be changed by Us provided that such changes are approved by IRDAI and in accordance with the IRDAI’s rules and regulations as applicable from time to time.

b. Grace Period:
   i. If You do not Renew the Policy by the due dates specified in the Schedule of Insurance Certificate, You or any other eligible adult Insured Person may apply to Renew the Policy within the Grace Period of 30 days after the end of the Policy Period subject to receipt of application and payment of premium.
      Such Policy shall be treated as having been Renewed without a break in cover.
   ii. Any claim incurred during Grace Period will not be payable under this Policy.

c. Reinstatement:
   i. The Policy shall lapse after the expiration of the Grace Period. If the Policy is not Renewed within the Grace Period then We may agree to issue a fresh Policy subject to Our underwriting criteria, as per Our Board approved underwriting policy and no continuing benefits shall be available from the expired Policy.
   ii. We will not pay for any Medical Expenses which are incurred happen between the date the Policy expires and the date immediately before the reinstatement date of Your Policy.
   iii. If there is any change in the Insured Person’s medical or physical condition, We may add exclusions or charge an extra premium from the reinstatement date.

d. Disclosures on Renewal:
   You shall make a full disclosure to Us in writing of any material change in the health condition or geographical location of any Insured Person at the time of seeking Renewal of this Policy, irrespective of any claim arising or made. The terms and condition of the existing Policy will not be altered.

e. Renewal for Insured Persons who have achieved Age 21:
   If any Insured Person who is a child and has completed Age 21 years at the time of Renewal, then such Insured Person will have to take a separate policy based on Our underwriting guidelines, as per Our Board approved underwriting policy as he/she will no longer be eligible to be covered under a Family Floater Policy. In such cases, the credit of the Waiting Periods served under the Policy will be passed on to the separate policy taken by such Insured Person.

f. Addition of Insured Persons on Renewal:
   Where an individual is added to this Policy, either by way of endorsement or at the time of Renewal, the Pre-existing Disease clause, exclusions, loading (if any) and Waiting Periods will be applicable considering such Policy Year as the first year of the Policy with Us.
9.9 Fraudulent claims
If a claim is in any way found to be fraudulent, or if any false statement, or declaration is made or used in support of such a claim, or if any fraudulent means or devices are used by the Insured Person or anyone acting on behalf of the Insured Person or any false or incorrect Disclosure to Information Norms to obtain any benefit under this Policy, then We may reserve the right to re-underwrite or cancel the Policy and all claims being processed shall be forfeited for all Insured Persons and all sums paid under this Policy shall be repaid to Us by You who shall be jointly liable for such repayment.

9.10 Policy Disputes
Any dispute concerning the interpretation of the terms, conditions, limitations and/or exclusions contained herein shall be governed by Indian law and shall be subject to the jurisdiction of the Indian Courts.

9.11 Territorial Jurisdiction
All benefits are available in India only and all claims shall be payable in India in Indian Rupees only.

9.12 Notices
Any notice, direction or instruction given under this Policy shall be in writing and delivered by hand, post, or facsimile to:

a. You/the Insured Person at the address specified in the Schedule of Insurance Certificate or at the changed address of which We must receive written notice.

b. Us at the following address:
   Max Bupa Health Insurance Company Limited
   B-1/1-2, Mohan Cooperative Industrial Estate
   Mathura Road, New Delhi-110044
   Fax No.: +91 11 30902010

c. No insurance agents, brokers or other person/entity is authorized to receive any notice on Our behalf.

d. In addition, We may send You/the Insured Person other information through electronic and telecommunications means with respect to Your Policy from time to time.

9.13 Alteration to the Policy
This Policy constitutes the complete contract of insurance. Any change in the Policy will only be evidenced by a written endorsement signed and stamped by Us. No one except Us can within the permission of the IRDAI change or vary this Policy.

9.14 Zonal pricing
For the purpose of calculating premium, the country has been divided into the following 3 zones:
   Zone 1: Delhi (NCR), Surat, Kolkata, Mumbai, Thane
   Zone 2: Pune, Ludhiana, Jaipur
   Zone 3: Rest of India

9.15 Revision or Modification
This product plan may be revised or modified subject to prior approval of the IRDAI. In such case We shall notify You of any such change at least 3 months prior to the date from which such revision or modification shall come into effect, provided it is not otherwise provided by the IRDAI.

9.16 Withdrawal of Product
This product or any variant/plan under the product may be withdrawn at Our option subject to prior approval of IRDAI or due to a change in regulations. In such a case We shall provide an option to migrate to Our other suitable retail products as available with Us and We shall also notify You of any such change at least 3 months prior to the date from which such withdrawal shall come into effect.

9.17 Customer Service and Grievances Redressal:

a. In case of any query or complaint/grievance, You/the Insured Person may approach Our office at the following address: Customer Services Department Max Bupa Health Insurance Company Limited B-1/1-2, Mohan Cooperative Industrial Estate Mathura Road, New Delhi-110044
   Customer Helpline No.: 1860-500-8888
   Fax No.: +91 11 30902010
   Email ID: customercare@maxbupa.com.

b. In case You/the Insured Person are not satisfied with the decision of the above office, or have not received any response within 10 days, You may contact the
following official for resolution:
Head - Customer Services Max Bupa Health Insurance Company Limited B-1/F-2,
Mohan Cooperative Industrial Estate Muthara Road, New Delhi-110044
Customer Helpline No.:1860-500-8888 Fax No.: +91 11 30902010
Email ID: customercare@maxbupa.com

c. In case You/the Insured Person are not satisfied with Our decision/resolution, You
may approach the Insurance Ombudsman at the addresses given in Annexure I.
d. The complaint should be made in writing duly signed by the complainant or by
his/her legal heirs with full details of the complaint and the contact information of
the complainant.
e. As per provision 13(3)of the Redressal of Public Grievances Rules 1998, the
complaint to the Ombudsman can be made only if the grievance
i. Has been rejected by the Grievance Redressal Machinery of the Insurer;
ii. Within a period of one year from the date of rejection by the insurer;
iii. If it is not simultaneously under any litigation.

10. Definitions & Interpretation
For the purposes of interpretation and understanding of this Policy, We have defined,
herein below some of the important words used in the Policy and for the remaining
language and the words; they shall have the usual meaning as described in standard
English language dictionaries. The words and expressions defined in the Insurance Act 1938, IRDA Act 1999, regulations notified by the IRDAI and circulars and guidelines
issued by the IRDAI shall carry the meanings explained therein.

Note: Where the context permits, the singular will be deemed to include the plural,
one gender shall be deemed to include the other genders and references to any
statute shall be deemed to refer to any replacement or amendment of that statute.

10.1 Accident or Accidental means a sudden, unforeseen and involuntary event caused by
external, visible and violent means.

10.2 Age means age last birthday.

10.3 Alternative Treatments are forms of treatments other than allopathic treatment or
"modern medicine" and includes Ayurveda, Unani, Sidha and Homeopathy in the
Indian context.

10.4 Associated Medical Expenses shall include Room Rent, nursing charges for
Hospitalization as an Inpatient excluding private nursing charges, Medical
Practitioners’ fees excluding any charges or fees for Standby Services, investigation
and diagnostics procedures directly related to the current admission, operation theatre
charges and Intensive Care Unit charges.

10.5 Base Sum Insured means the amount stated in the Schedule of Insurance Certificate.

10.6 Bone Marrow Transplant is a condition where the Insured Person needs necessary
medical treatment to replace malignant or defective bone marrow with normal bone
marrow from healthy donors to stimulate the production of formed blood cells.

10.7 Break in Policy means the period of gap that occurs at the end of the existing policy
term, when the premium due for renewal on a given policy is not paid on or before the
premium renewal date or within 30 days thereof.

10.8 Cancer means a malignant tumor characterized by the uncontrolled growth and spread
of malignant cells with invasion and destruction of normal tissues. This diagnosis must
be supported by histological evidence of malignancy. The term cancer includes
leukemia, lymphoma and sarcoma. Specific Exclusion: All tumors in the presence of HIV
infection are excluded.

10.9 Cashless Facility means a facility extended by the insurer to the Insured Person where
the payments, of the costs of treatment undergone by the Insured Person in
accordance with the Policy terms and conditions, are directly made to the Network
Provider by the insurer to the extent pre-authorization approved.

10.10 Complementary & Alternative Medicine means Alternative Treatments done alone or
along with conventional/modern medicine.

10.11 Condition Precedent shall mean a Policy term or condition upon which the Insurer’s
liability under the Policy is conditional upon.

10.12 Congenital Anomaly refers to a condition which is present since birth, and which is
abnormal with reference to form, structure or position.
   a. Internal Congenital Anomaly: Congenital Anomaly which is not in the visible and
      accessible parts of the body.
   b. External Congenital Anomaly: Congenital Anomaly which is in the visible and
      accessible parts of the body.

10.13 Convalescence, Rehabilitation and Respite Care means any care arrangement in a
residential setting or in a Hospital or any other healthcare facility like health hydros,
nature cure clinics, wellness centre, palliative centre for services related to help the
physically or cognitively impaired to achieve or regain their maximum functional
potential for mobility, self care and independent living, although not necessarily
complete independence.

10.14 Co-payment is a cost-sharing requirement under a health insurance policy that
provides that the Policyholder/Insured will bear a specified percentage of the
admissible claim amount. A Co-payment does not reduce the Sum Insured.

10.15 Day Care Center means any institution established for Day Care Treatment of Illness
and/or Injuries or a medical set-up within a Hospital and which has been registered
within the local authorities, wherever applicable, and is under the supervision of a
registered and qualified Medical Practitioner AND must comply with all the following
minimum criteria:
   a. has Qualified Nursing staff under its employment;
   b. has qualified Medical Practitioner(s) in charge;
   c. has a fully equipped operation theatre of its own where Surgical Procedures are
carried out;
   d. maintains daily records of patients and will make these accessible to the insurance
company’s authorized personnel.

10.16 Day Care Treatment refers to medical treatment, and/or Surgical Procedure which is:
   a. undertaken under General or Local Anaesthesia in a Hospital/Day Care Center in
less than 24 hrs because of technological advancement, and
   b. which would have otherwise required a Hospitalization of more than 24 hours.
Treatment normally taken on an OPD basis is not included in the scope of this
definition.

10.17 Deductible is a cost-sharing requirement under a health insurance policy that provides
that the Insurer will not be liable for a specified rupee amount in case of indemnity
policies and for a specified number of days/hours in case of hospital cash policies
which will apply before any benefits are payable by the insurer. A deductible does not
reduce the Sum Insured.

10.18 Dental Treatment is treatment carried out by a dental practitioner including
examinations, fillings (where appropriate), crowns, extractions and Surgery excluding
any form of cosmetic Surgery/implants.

10.19 Diagnostic Tests means investigations, such as X-Ray or blood tests, to determine the
cause of symptoms and/or medical conditions.

10.20 Diagnostic Services means a broad range of Diagnostic Tests and exploratory or
therapeutic procedures essential for detection, identification and treatment of medical
condition.

10.21 Disclosure to Information Norm means the Policy shall be void and all premium paid
hereon shall be forfeited to the Company, in the event of misrepresentation, misdescription or non-disclosure of any material fact.

10.22 **Domiciliary Hospitalization** means medical treatment for an Illness/disease/Injury which in the normal course would require care and treatment at a Hospital but is actually taken while confined at home under any of the following circumstances:
   a. the condition of the patient is such that he/she is not in a condition to be removed to a Hospital, or
   b. the patient takes treatment at home on account of non-availability of room in a Hospital.

10.23 **Emergency** means a serious medical condition or symptom resulting from Illness or Injury which arises suddenly and unexpectedly and requires immediate care and treatment by a Medical Practitioner to prevent death or serious long term impairment of the Insured Person's health.

10.24 **Evidence Based Clinical Practice** means process of making clinical decisions for Inpatient Care using current best evidence in conjunction with clinical expertise.

10.25 **Family Floater Policy** means a Policy described as such in the Schedule of Insurance Certificate where the family members (two or more) named in the Schedule of Insurance Certificate are insured under this Policy. Only the following family members can be covered under a Family Floater Policy:
   a. Insured Person; and/or
   b. Insured Person's legally married spouse (for as long as they continue to be married); and/or
   c. Insured Person's children who are less than 21 years of Age on the commencement of the Policy Period (maximum 4 children can be covered).

10.26 **Family First Policy** means a Policy described as such in the Schedule of Insurance Certificate where You and Your family members named in the Schedule of Insurance Certificate are insured under this Policy. Only the following family members can be covered under a Family First Policy:
   a. Your legally married spouse for as long as Your spouse continues to be married to You;
   b. Son;
   c. Daughter-in-law as long as Your son continues to be married to Your Daughter-in-law;
   d. Daughter;
   e. Son-in-law as long as Your daughter continues to be married to Your Son-in-law;
   f. Father;
   g. Mother;
   h. Father-in-law as long as Your spouse continues to be married to You;
   i. Mother-in-law as long as Your spouse continues to be married to You;
   j. Grandfather;
   k. Grandmother;
   l. Grandson;
   m. Granddaughter;
   n. Brother;
   o. Sister;
   p. Sister-in-law;
   q. Brother-in-law;
   r. Nephew;
   s. Niece.

10.27 **First Policy** means the Schedule of Insurance Certificate issued to the Policyholder at the time of inception of the Policy mentioned in the Schedule of Insurance Certificate with Us.

10.28 **Grace Period** means the specified period of time immediately following the premium due date during which a payment can be made to Renew or continue a policy in force without loss of continuity benefits such as Waiting Periods and coverage of Pre-existing Diseases. Coverage is not available for the period for which no premium is received.

10.29 **Hazardous activities** means engaging in speed contest or racing of any kind (other than on foot), professional or competitive sport, bungee jumping, parasailing, ballooning, parachuting, base jumping, skydiving, paragliding, hang gliding, mountain or rock climbing necessitating the use of guides or ropes, potholing, abseiling, deep sea diving using hard helmet and breathing apparatus, snow and ice sports or involving a naval military or air force operation.

10.30 **Hospital** means any institution established for Inpatient Care and Day Care Treatment of Illness and/or Injuries and which has been registered as a Hospital with the local authorities under the Clinical Establishments (Registration and Regulation) Act, 2010 or under the enactments specified under the Schedule of Section 56(1) of the said Act OR complies with all minimum criteria as under:
   a. has at least 10 Inpatient beds in towns having a population of less than 10,00,000 and at least 15 Inpatient beds in all other places;
   b. has Qualified Nursing staff under its employment round the clock;
   c. has qualified Medical Practitioner(s) in charge round the clock;
   d. has a fully equipped operation theatre of its own where Surgical Procedures are carried out;
   e. maintains daily records of patients and makes these accessible to the Insurance company's authorized personnel.

10.31 **Hospitalization or Hospitalized** means the admission in a Hospital for a minimum period of 24 Inpatient Care consecutive hours except for specified procedures/treatments, where such admission could be for a period of less than 24 consecutive hours.

10.32 **Injury** means Accidental physical bodily harm excluding Illness or disease solely and directly caused by external, violent and visible and evident means which is verified and certified by a Medical Practitioner.

10.33 **Information Summary Sheet** means the information and details provided to Us or Our representatives over the telephone for the purposes of applying for this Policy which has been recorded by Us and confirmed by You.

10.34 **Intensive Care Unit** means an identified section, ward or wing of a Hospital which is under the constant supervision of a dedicated Medical Practitioner(s), and which is specially equipped for the continuous monitoring and treatment of patients who are in a critical condition, or require life support facilities and where the level of care and supervision is considerably more sophisticated and intensive than in the ordinary and other wards.

10.35 **Illness** means sickness or a disease or pathological condition leading to the impairment of normal physiological function and requires medical treatment.
   a. **Acute condition** - Acute condition is a disease, illness or injury that is likely to respond quickly to treatment which aims to return the person to his or her state of health immediately before suffering the disease / illness / injury which leads to full recovery.
   b. **Chronic condition** - A chronic condition is defined as a disease, illness, or injury that has one or more of the following characteristics:
      1. It needs ongoing or long-term monitoring through consultations, examinations, check-ups, and/or tests
      2. It needs ongoing or long-term control or relief of symptoms
      3. It requires rehabilitation for the patient or for the patient to be specially trained to cope with it
      4. It continues indefinitely
      5. It recurs or is likely to recur

10.36 **Individual Policy** means a Policy described as such in the Schedule of Insurance Certificate where the individual named in the Schedule of Insurance Certificate is insured under this Policy.

10.37 **Inpatient** means the Insured Person’s admission for treatment in a Hospital for more than 24 hours for a covered event.
10.38 Inpatient Care means treatment for which the Insured Person has to stay in a Hospital for more than 24 hours for a covered event.

10.39 Insured Person means person named as insured in the Schedule of Insurance Certificate.

10.40 IRDAI means the Insurance Regulatory and Development Authority of India.

10.41 LASER & Light based Treatment means a procedure that uses focused light emission or amplification for treatment of medical conditions.

10.42 Medical Advice means any consultation or advice from a Medical Practitioner including the issue of any prescription or repeat prescription.

10.43 Medical Devices are devices intended for internal or external use in the diagnosis, treatment, mitigation or prevention of disease or disorder.

10.44 Medical Expenses means those expenses that an Insured Person has necessarily and actually incurred for medical treatment on account of Illness or Accident on the advice of a Medical Practitioner, as long as these are no more than would have been payable if the Insured Person had not been insured and no more than other Hospitals or doctors in the same locality would have charged for the same medical treatment.

10.45 Medical Practitioner is a person who holds a valid registration from the Medical Council of any State or Medical Council of India or Council for Indian Medicine or for Homeopathy set up by the Government of India or a State Government and is thereby entitled to practice medicine within its jurisdiction; and is acting within the scope and jurisdiction of his licence.

10.46 Medical Record means the collection of information as submitted in claim documentation concerning a Insured Person’s Illness or Injury that is created and maintained in the regular course of management, made by a Medical Practitioners who has knowledge of the acts, events, opinions or diagnoses relating to the Insured Person’s Illness or Injury, and made at or around the time indicated in the documentation.

10.47 Medically Necessary treatment is defined as any treatment, tests, medication, or stay in Hospital or part of a stay in Hospital which:
   a. is required for the medical management of the Illness or Injury suffered by the insured;
   b. must not exceed the level of care necessary to provide safe, adequate and appropriate medical care in scope, duration, or intensity;
   c. must have been prescribed by a Medical Practitioner;
   d. must conform to the professional standards widely accepted in international medical practice or by the medical community in India.

10.48 Network Provider means Hospitals or health care providers enlisted by an insurer or by a TPA and insurer together to provide medical services to an insured on payment by a Cashless Facility.

10.49 No Claim Bonus means an increase to the Base Sum Insured in accordance with the provisions of Section 2.11 in respect of claim free Policy Years.

10.50 Notification of Claim is the process of notifying a claim to the insurer or TPA by specifying the timelines as well as the address / telephone number to which it should be notified.

10.51 Non-Network means any Hospital, Day Care Center or other provider that is not part of the network.

10.52 Off-label drug or treatment means use of pharmaceutical drug for an unapproved indication or in an unapproved age group, dosage or route of administration.

10.53 OPD Treatment is one in which the Insured Person visits a clinic/ Hospital, or associated facility like a consultation room, for diagnosis and treatment based on the advice of a Medical Practitioner. The Insured Person is not admitted as a day care patient or inpatient.

10.54 Policy means these terms and conditions, the Schedule of Insurance Certificate (as amended from time to time), your statements in the Proposal and the Information Summary Sheet and any endorsements attached by Us to the Policy from time to time.

10.55 Policy Period is the period between the inception date and the expiry date of the Policy as specified in the Schedule of Insurance Certificate or the date of cancellation of this Policy, whichever is earlier.

10.56 Policy Year means the period of one year commencing on the date of commencement specified in the Schedule of Insurance Certificate or any anniversary thereof.

10.57 Pre-existing Disease means any condition, ailment or Injury or related condition(s) for which the Insured Person had signs or symptoms, and / or were diagnosed, and / or received Medical Advice/ treatment within 48 months, prior to the first Policy issued by Us.

10.58 Pre-hospitalization Medical Expenses: Medical Expenses incurred immediately before the Insured Person is Hospitalised, provided that:
   a. Such Medical Expenses are incurred for the same condition for which the Insured Person’s Hospitalization was required, and
   b. The Inpatient Hospitalization claim for such Hospitalization is admissible by the Insurance Company.

10.59 Post-hospitalization Medical Expenses: Medical Expenses incurred immediately after the Insured Person is discharged from the Hospital, provided that:
   a. Such Medical Expenses are incurred for the same condition for which the Insured Person’s Hospitalization was required, and
   b. The Inpatient Hospitalization claim for such Hospitalization is admissible by the Insurance Company.

10.60 Portability means transfer by an individual health insurance policyholder (including family cover) of the credit gained for Pre-existing conditions and time bound exclusions if he/she chooses to switch from one insurer to another.

10.61 Product Benefits Table means the Product Benefits Table issued by Us and accompanying this Policy which specifies the Plan applicable, the Benefits available to the Insured Persons and any sub-limits applicable to each Benefit.

10.62 Qualified Nurse is a person who holds a valid registration from the Nursing Council of India or the Nursing Council of any state in India.

10.63 Reasonable and Customary Charges means the charges for services or supplies, which are the standard charges for the specific provider and consistent with the prevailing charges in the geographical area for identical or similar services, taking into account the nature of the Illness / Injury involved.

10.64 Reimbursement means settlement of claims paid directly by Us directly to the Policyholder/Insured Person.

10.65 Renewal defines the terms on which the contract of insurance can be Renewed on mutual consent with a provision of Grace Period for treating the Renewal continuous for the purpose of all Waiting Periods.

10.66 Robotic Assisted Surgery refers to a technology used to assist the surgeon in controlling operative field via a terminal and manipulates robotic surgical instruments via a control panel. The use of computers and robotics is intended to enhance dexterity to facilitate microscale operations.

10.67 Room Rent means the amount charged by a Hospital for the occupancy of a bed on per day (24 hours) basis and shall include Associated Medical Expenses.

10.68 Schedule of Insurance Certificate means a certificate issued by Us, and, if more than one, then the latest in time. The Schedule of Insurance Certificate contains details of the Policyholder, Insured Persons and the Benefits applicable under the Policy.

10.69 Service Provider means any person, organization, institution that has been empanelled with Us to provide services specified under the benefits to the Insured Person.

10.70 Standby Services are services of another Medical Practitioner requested by treating
Medical Practitioner and involving prolonged attendance without direct (face-to-face) patient contact or involvement.

10.71 Suite Room means
a. a space available for boarding in a Hospital which contains two or more rooms; Or
b. a space available for boarding in a Hospital which contains an extended living/dining/kitchen area

10.72 Sum Insured: In case of Individual Policy, Sum Insured means the total of the Base Sum Insured, re-fill amount as per Section 2.12 and No Claim Bonus as per Section 2.11 which is Our maximum, total and cumulative liability for any and all claims during the Policy Year in respect of the Insured Person. However in case of a single claim, Our maximum liability for that claim during the Policy Year in respect of the Insured Person shall be the total of the Base Sum Insured and No Claims Bonus as per Section 2.11. In case of Family Floater Policy, Sum Insured means the total of the Base Sum Insured, re-fill amount as per Section 2.12 and No Claim Bonus as per Section 2.11 which is Our maximum, total and cumulative liability for any and all claims during the Policy Year in respect of all Insured Persons. In case of Family First Policy, Sum Insured means the total of the Base Sum Insured for each Insured Person, No Claim Bonus as per Section 2.11 for each Insured Person and the Floater Sum Insured specified in the Schedule of Insurance Certificate which is Our maximum, total and cumulative liability for all claims during a Policy Year in respect of each Insured Person. For these purposes:

a. The Base Sum Insured stated in the Schedule of Insurance Certificate for each Insured Person is available for claims in respect of that Insured Person only, during the Policy Year.

b. If the Base Sum Insured for an Insured Person is exhausted due to payment of claims, then that Insured Person may utilise the Floater Sum Insured stated in the Schedule of Insurance Certificate for any claims arising in that Policy Year. In the event of a claim being admitted from the Floater Sum Insured, the Floater Sum Insured shall stand correspondingly reduced by the amount of claim paid (including 'taxes') or admitted and only the remaining amount of the Floater Sum Insured shall be available for claims arising in that Policy Year in respect of the Insured Persons who have exhausted their Base Sum Insured during that Policy Year.

c. The total of the Base Sum Insured for all Insured Persons, No Claim Bonus as per Section 2.11 for all Insured Persons, and the Floater Sum Insured specified in the Schedule of Insurance Certificate is Our maximum, total and cumulative liability for all claims during a Policy Year in respect of all Insured Persons.

If the Policy Period is 2 years, then the Sum Insured shall be applied separately for each Policy Year in the Policy Period.

10.73 Surgery or Surgical Procedure means manual and / or operative procedure (s) required for treatment of an Illness or Injury, correction of deformities and defects, diagnosis and cure of diseases, relief of suffering or prolongation of life, performed in a Hospital or Day Care Center by a Medical Practitioner.

10.74 Unproven/Experimental treatment means treatment including drug experimental therapy which is not based on established medical practice in India, is treatment experimental or unproven.

10.75 Waiting Period means a time-bound exclusion period related to condition(s) specified in the Schedule of Insurance Certificate or the Policy which shall be served before a claim related to such condition(s) becomes admissible.

10.76 We/Our/Us means Max Bupa Health Insurance Company Limited.

10.77 You/Your/Policyholder means the person named in the Schedule of Insurance Certificate who has concluded this Policy with Us.